



CHRISTMAS

KINDNESS CALEDAR



Spread kindness! Light up December by doing an act of kindness each day.

1 Donate food or clothes	2 Pick up litter	3 Give someone a compliment	4 Let someone go ahead of you in line	5 Hold the door open for someone
6 Support a local small business	7 Leave out water and food for the birds	8 Call and check a friend or family member	9 Write a thank you note to someone	10 Spend quality time with someone
11 Buy or make small thoughtful gifts for your siblings/friends	12 Give hugs and kisses to your family	13 Donate toys or books	14 Take homemade cookies to a neighbor	15 Make Christmas decorations and donate them
16 Smile at every person you meet	17 Offer to help a neighbor	18 Invite a new friend to play	19 Play a game with your family	20 Be extra kind, no matter what happens today
21 Teach someone something new	22 Feed an animal or take supplies to an animal shelter	23 Leave a happy note for someone to find	24 Give a treat to a community helper	25 Make someone laugh